



## 2012 -2013: WHAT TO WEAR

*for Exploring & Creative Movement and Ballet Classes*

**PLEASE NOTE:** THE HIP JOINT on the Charlottesville downtown mall stocks the leotards, skirts, tights and shoes listed below. We suggest that you purchase your supplies there in order to make sure you obtain the required leotards and skirts (see each class for brand, color & style numbers).

**SHOES MUST BE PURCHASED FROM THE HIP JOINT** to ensure a proper fit and suitable shoe type. Ballet shoes purchased at chain department stores tend to be stiff and hinder the development of proper foot strength because they are difficult to dance in. ***Please take your child to the Hip Joint to be fitted in person for shoes.*** Each brand of ballet shoes differs in size and fit, and sizing is different from street shoe size; so, **shoes must be fit ON the feet that will wear them!**

### **Exploring Movement (3 - 4 year-olds)**

#### **Girls:**

Plain leotard, any color & style.

Optional: attached or separate plain skirts.

No tights or shoes (bare feet).

#### **Boys:**

White t-shirt (tucked in) & plain stretchy shorts.

No tights or shoes (bare feet).

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## **Creative Movement (4 – 5 year-olds)**

### **Girls:**

*Required Leotard:*

**LIGHT PINK:** Short-sleeved, scoop-neck, plain (no ruffles, crisscross straps, etc).

*Suggested Brand & Style #: Mirella M515C*

NO attached or separate skirts.

Optional: plain stretchy shorts worn over leotard.

No tights or shoes (bare feet).

### **Boys:**

White t-shirt (tucked in) & plain gray/black/navy stretch or knit shorts.

No tights or shoes (bare feet).

## **Pre-Ballet**

### **Girls:**

*Required Leotard:*

**LIGHT PINK:** Short-sleeved, scoop-neck, plain (no ruffles, crisscross straps, etc).

NO attached or separate skirts (skirts will be provided as needed).

Thin, plain, short white ankle socks *or* light pink footed ballet tights.

Light pink leather ballet shoes with elastic.

### **Boys:**

White t-shirt (tucked in) & plain gray/black/navy stretch or knit shorts.

White ankle socks.

Black or white ballet shoes with elastic.

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## **Ballet I**

### **Girls:**

#### *Required Leotard:*

Mirella M515C **LILAC** Cap-sleeved leotard

#### *Required Skirt:*

Mirella MS12CH **LILAC** pull-on skirt

Thin, plain, short white ankle socks *or* light pink footed ballet tights.  
Light pink leather ballet shoes with elastic.

### **Boys:**

White t-shirt (tucked in) & plain gray/black/navy stretch or knit shorts.  
White ankle socks.  
Black or white ballet shoes with elastic.

## **Ballet A & Saturday Beginner Ballet**

### **Girls:**

#### *Required Leotard:*

Mirella M515C **LIGHT BLUE** Cap-sleeved leotard

#### *Required Skirt:*

Mirella MS12CH **LIGHT BLUE** pull-on skirt

Thin, plain, short white ankle socks *or* light pink footed ballet tights.  
Light pink leather ballet shoes with elastic.

### **Boys:**

White t-shirt (tucked in) & plain gray/black/navy stretch or knit shorts.  
White ankle socks.  
Black or white ballet shoes with elastic.

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## **Ballet B - C**

### **Girls:**

#### *Required Leotard:*

Mirella M515C **ROYAL BLUE** Cap-sleeved leotard

#### *Required Skirt:*

Mirella MS12CH **ROYAL BLUE** pull-on skirt

*(Mirella MS12 Royal Blue Adult wrap skirt may be substituted if children's sizes are too small)*

Thin, plain, short white ankle socks *or* light pink footed ballet tights.

Light pink leather ballet shoes with elastic.

### **Boys:**

White t-shirt (tucked in) & plain gray/black/navy stretch or knit shorts.

White ankle socks.

Black or white ballet shoes with elastic.

## **Ballet D**

### **Girls:**

#### *Required Leotard:*

Capezio Style CC202 **BURGUNDY** leotard (adult sizes)

(or CC202C **BURGUNDY** for children's sizes)

*Note: This leotard tends to run small.*

#### *Required Skirt:*

Mirella MS12 **BLACK** Wrap Skirt

Light pink footed ballet tights.

Light pink ballet shoes (preferably leather) with elastic.

*Optional: Snug-fitting short black stretchy shorts may be worn over pink tights.*

### **Boys:**

White t-shirt & plain black bike shorts or snug-fitting jazz pants.

White ankle socks.

Black or white ballet shoes with elastic.

## **Boys' Ballet Class**

Wear what is comfortable, suits you, and is easy to move in!

*Suggested:* Stretch/knit shorts, cool & close-fitting t-shirt, athletic socks.

Ballet shoes are optional; if purchasing, please choose black and fit with thin-weight socks.

## **Advanced Ballet**

**Girls & Women:** Solid color leotard (any color or style)

Light pink footed/footless or black footless ballet tights (black tights worn over leotard)

Snug fitting knit warm-ups and/or ballet skirts may be worn at the discretion of the instructor;  
no plastic sweatpants.

Pink ballet shoes with elastic, preferably leather.

**Boys & Men:** White or solid color t-shirt or leotard

Black men's tights (with or without white ankle socks) OR jazz pants OR snug-fitting sweatpants,

Snug-fitting knit warm ups may be worn at the discretion of the instructor;  
no plastic sweatpants.

Black or white ballet shoes with elastic, preferably leather.

## **Teen/Adult Ballet Classes (Beginner/Intermediate)**

**Girls & Women:** Solid color leotard (any color or style)

Light pink footed/footless or black footless ballet tights (black tights worn over leotard)

Or, students may wear stretch jazz or yoga pants and a snug-fitting top.

Snug fitting knit warm-ups and/or ballet skirts may be worn at the discretion of the instructor;  
no plastic sweatpants.

Pink ballet shoes with elastic, preferably leather

**Boys & Men:** Stretch yoga or jazz pants or snug-fitting sweatpants or stretch/knit shorts;  
snug-fitting t-shirt.

Snug-fitting knit warm ups may be worn at the discretion of the instructor;  
no plastic sweatpants.

Black or white ballet shoes with elastic, preferably leather.

## **Stretch & Movement Class**

*Suggested:* Stretch Yoga or Jazz pants and a comfortable top that is easy to move in.

Bare feet or ballet shoes or CLEAN dance sneakers  
(shoes worn outside may not be worn in the Dance Studio).